

Domestic Violence Safety Plan

Directions: Circle Yes or No to each of the questions below.

Do you live with the abuser?	Yes / No
Are there dependents, children or pets in your home?	Yes / No
Are there weapons in the home of your abuser?	Yes / No

Emergency Contacts

Who are the trusted people in your life who you can go to for help?

Name	Telephone Number	Address

Professional Agencies

- **National Domestic Violence Hotline** (www.thehotline.org)

If you feel you or your family may be in danger or a victim of domestic violence, call 1-800-799-7233

What is the closest family shelter in your area?

Name	Telephone Number	Address

Allows Children? Yes / No	Allows Pets? Yes / No
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Safety Plan

Directions: Circle Yes or No to each of the questions below.

Do dependents and children have up-to-date forms of identification and contact information for trusted people in the area?	Yes / No
Do pets have up-to-date proof of ownership, vaccination, microchip contact information and registrations in your name and not in the name of the abuser?	Yes / No

What items do you need ready to go in the event that you need to leave your home?

1.	3.
2.	4.

What is the safety plan will you create with your children and dependents?

If you have pets, consider temporarily rehoming them with a trusted friend or family member. You may also consult with your veterinarian or local Humane Society for rehoming assistance if needed.